
Kilimanjaro Climbing Itinerary

Rongai Route:

6 Days & 5 Nights



Day	Destination	Description	Accommodation
1	Simba Camp <i>2626m</i>	<p>After the morning Breakfast served at Mai Kilimanjaro Home Stay, Please pack bags prior to breakfast and start early drive to Rongai Gate.,</p> <p>Begin trekking from Rongai start point. (1996m) We will cover 6.7 km.</p> <p>We will arrive at Simba camp just before sunset for hot dinner and overnight at Simba camp. This is a beautiful trek in the dense forest affording views of surrounding areas.</p> <p><i>*In case of any delays on this day, please pack your flashlight in your daypack.</i></p>	Simba Camp
2	Kikelelwa Camp <i>3679m</i>	<p>In the morning we will depart for trek to Kikelelwa, via first cave and second cave (5.8km, 3482m).</p> <p>Hot lunch will be served at 2nd cave. Here we will depart from main Rongai Route and continue to camp, a further 6km.</p> <p>Dinner and overnight will be at Kikelelwa.</p> <p><i>*It is not uncommon to experience a headache today, usually abates within a few hours of arriving at camp. Advise your guide if headache is persistent or intensifying.</i></p>	Kikelelwa Camp
3	Turn Hut Camp <i>4303m</i>	<p>Today's trek will take close to 4h.</p> <p>Turn Hut Camp is located at the base of Mawenzi Peak, the second highest peak of Kilimanjaro.</p> <p>Hot lunch, dinner and overnight will be at Turn Hut Camp. We will make our camp close to the water feature, nestled in between two spurs on the western side of Mawenzi.</p> <p>In the afternoon, your guide will take you for an acclimatization excursion over the spur to Your West where there are beautiful views towards Kibo.</p> <p>Today we trek only 3.7 km and gain only 624m in altitude.</p>	Turn Hut Camp
4	Kibo Hut <i>4681m & Uhuru Peak! 5895m</i>	<p>After breakfast we depart for Kibo Hut as for camping this time (6h).</p> <p>We will follow a route to approach Jiwe la Ukoyo. We will gain the South Summit Grail that is effectively exclusive to this itinerary and avoids the crowding that can be associated with regular Marangu routes. From this junction a few km is to the Kibo Hut, along the smoothest and most graded approach.</p>	Kibo Hut

		<p>Lunch box will be served on the way, at the Saddle.</p> <p>Dinner and rest at Kibo Hut.</p> <p>Around midnight we quit camp for the summit via Gilmans Point (5652m). This night is very difficult, especially the final 500m- you will need to commit to fight for the summit! You will inevitably feel like giving up and going to sleep. This is normal, but can be overcome with perseverance.</p> <p><i>*When resting make sure you stand or sit, <u>do not lie down and close your eyes</u>. Please trust your guides at this time. Nausea and headaches are normal and around one in four climbers will vomit near Stella Point. While not pleasant, these are not signs that you are at risk. Please maintain frequent communication with your guides.</i></p> <p>When we reach Gilmans Point we will sit and rest. At this point the body often thinks you have finished your uphill fight and will be trying to coerce you to give up and turn around. Remember that you are only few vertical meters short of the summit, and journey from here is much less steep. There will be adequate time for pauses.</p> <p><i>*If you feel the need to give up at Stella Point, we will ask you to move forward for just two minutes before you make your final decision.</i></p> <p><i>*On the summit the guides will advise you of how much time you can spend, taking your condition into consideration, timing, and weather. The brain does not function very intelligently at this altitude, so please remember to take many photographs in all directions or you will probably regret not having done so later on.</i></p>	
5	Horombo Camp 3714m	<p>We will begin the descent via Gillman's Point.</p> <p>Here we descend back to Kibo Huts via the loose scree. The ground collapses under foot and by taking short strides it is easy to maintain momentum. We will take regular breaks and many pictures of the views of the saddle below and Kenya to the left.</p> <p>At Kibo Hut we will break for refreshments, before descending further to finish the day at Horombo for the dinner and overnight.</p>	Horombo Camp
6	Marangu Gate 1820m.	<p>Descend to park gate at Marangu (6h) This trail is well maintained, and will cover 19.7 km. Sign out at park registration.</p> <p><i>*It is customary to tip your mountain team. Climbers nowadays tend to tip 15% of what they have paid for the climb.</i></p> <p>Enjoy a long overdue, hot shower, dinner, and celebrations in Chagga house!!</p>	<u>Mai Kilimanjaro Home Stay</u>
Inclusive	Transfers, 2 nights before and after the climb at Mai Kilimanjaro Home Stay, climbing gears, hut and camping fees, park fees, rescue fees, all meals on the mountain, and salaries for guides and crew.		
Not included	Tips, alcohol and beverages, flights, visas and PCR test, meals at Mai Kilimanjaro Home Stay.		