

info@ama-kilimanjaro.com | www.ama-kilimanjaro.com Tanzania: +255 755 16 8 533 | Spanish: +34 649 570 137 Marangu, Kilimanjaro - Tanzania

## Kilimanjaro Climbing Itinerary Rongai Route: 8 Days & 7 Nights



D			
Day	Destination	Description	Accommodation
1	Simba Camp	After the morning breakfast served at <b>Mai Kilimanjaro Home Stay</b> , Please pack bags prior to breakfast and start early drive to Rongai Gate.,	Simba Camp
	2626m	Begin trekking from Rongai start point. (1996m) We will cover 6.7 km.	
		We will arrive at Simba camp just before sunset for hot dinner and overnight at Simba camp. This is a beautiful trek in the dense forest affording views of surrounding areas.	
		*In case of any delays on this day, please pack your flashlight in your daypack.	
2	Kikelelwa Camp	In the morning we will depart for <b>trek to Kikelelwa</b> , via first cave and second cave (5.8km, 3482m).	Kikelelwa Camp
	3679m	Hot lunch will be served at $2^{nd}$ cave. Here we will depart from main Rongai Route and continue to camp, a further 6km.	
		Dinner and overnight will be at Kikelelwa.	
		*It is not uncommon to experience a headache today, usually abates within a few hours of arriving at camp. Advise your guide if headache is persistent or intensifying.	
3	Turn Hut Camp	Today's trek will take close to 4h. Turn Hut Camp is located at the base of Mawenzi Peak, the second highest peak of Kilimanjaro.	Turn Hut Camp
	4303m	Hot lunch, dinner and overnight will be at Turn Hut Camp. We will make our camp close to the water feature, nestled in between two spurs on the western side of <b>Mawenzi.</b> In the afternoon, your guide will take you for an <b>acclimatization excursion</b> over the spur to Your West where there are beautiful views towards Kibo.	
		Today we trek only 3.7 km and gain only 624m in altitude.	
4	Horombo Camp 3717m	This morning we will leave the official route altogether, to surmount Mawenzi's north-west ridge and move around the western flanks. Today's trek is 11.1 km, taking approximately 6h. Packed lunch picnic on the way.	Horombo Camp
		Spending the night at this lower altitude, in an environment that is more oxygen rich than the previous night ensures that <b>the body has acclimatized.</b>	
		Dinner and overnight at Horombo Camp to afford the greatest climb high, sleep high, sleep low differential on of all the routes on the mountain, exactly 900m loose.	

## info@ama-kilimanjaro.com | www.ama-kilimanjaro.com Tanzania: +255 755 16 8 533 | Spanish: +34 649 570 137 Marangu, Kilimanjaro - Tanzania

5	Barafu Camp 4681m	After breakfast we depart for Barafu Camp (6h). We will follow a route that is used <b>to</b> <b>approach Kibo huts</b> . However, after 1.9 km we turn to the west, away from all other trail users. We will gain the South Summit Grail that is effectively exclusive to this itinerary and avoids the crowding that can be associated with regular routes. From this junction a further 7.1 km brings us to Barafu camp, along the smoothest and most graded approach. Hot lunch will be served on the way. Dinner and overnight at Barafu Camp.	Barafu Camp
6	Uhuru Peak! 5895m & Crater Camp 5729m	Our assault route begins at Barafu, and follows a firm ridge, as opposed to loose scree on other routes. This firm footing reduces tiring and improves chances of summiting. <b>This night is</b> <b>very difficult</b> , especially the final 500m- you will need to commit to fight for the summit! Please trust your guides at this time. Nausea and headaches are normal and around one are four climbers will vomit <b>near Stella Point</b> . While not pleasant, these are not sings that you are at risk. Please maintain frequent communication with your guides. When we reach Stella Point we will sit and rest. At this point the body often thinks you have finished your uphill fight and will be trying to coerce you to give up and turn around. <b>Remember that you are only 143 vertical meters short of the</b> <b>summit</b> , and journey from here is much less steep. There will be adequate time for pauses. If you feel the need to give up at Stella Point, we will ask you to move forward to just two minutes before you make your final decision.	Crater Camp
		<b>On the summit</b> the guides will advise you of how much time you can spend, taking your condition into consideration, timing, and weather. The brain does not function very intelligently at this altitude, so please remember to take many photographs in all directions or you will probably regret not having done so later on. From the summit we continue to press westwards, passing Furtwangler Point at 5894m, before descending a steep screed slope to Crater Camp. Having settled and enjoyed refreshments at Crater Camp, you have the option of requesting that your guides accompany you <b>to the top of the cone or Breach Wall</b> to watch the sunset over the Shira Plateau.	
7	Horombo Camp 3714m	In the morning we will begin the <b>descent via Gillman's Point</b> . Here we <b>descend back to Kibo Huts via the loose screed.</b> The ground collapses under foot and by taking short strides it is easy to maintain momentum. We will take regular breaks and many pictures of the views of the saddle below and Kenya to the left. At Kibo Hut we will break for refreshments, before descending further to finish the day at Horombo for the dinner and overnight.	Horombo Camp
8	Marangu Gate 1820m.	Descend to park gate at Marangu (6h). This trail is well maintained, and will cover 19.7 km. Sign out at park registration. It is customary to tip your mountain team. Climbers nowadays tend to tip 15% of what they have paid for the climb. Enjoy a long overdue, hot shower, dinner, and celebrations in Chagga house!!	<u>Mai Kilimanjaro</u> <u>Home Stay</u>
Inclusive		Transfers, 2 nights before and after the climb at Mai Kilimanjaro Home Stay, climbing gears, hut and camping fees, park fees, rescue fees, all meals on the mountain, and salaries for guides and crew.	
Not included		Tips, alcohol and beverages, flights, visas and PCR test, meals at Mai Kilimanjaro Home Stay.	

)ma - Kilimanjaro